

## **UniSport Nationals Student Athlete Selection Guidelines**

*The purpose of this document is to list the policy and guidelines for selection to UniSA's 2025 UniSport Nationals Teams. This will assist in the development of a high-performance culture, for this and future representative teams at UniSA.*

### **Objectives**

1. Select athletes that will give UniSA the best chance of achieving its performance goals.
2. Select athletes committed to driving a performance culture within UniSA teams at the UniSport Nationals events.
3. Select athletes that embody the spirit of fair play and team work.

### **Eligibility**

To be eligible for selection a student must:

1. Be a currently enrolled undergraduate or postgraduate UniSA student (full time or part time). Students must be enrolled in at least one subject in the semester prior to (or during) the event in that calendar year.
2. For team sports, students must be currently training and playing in that sport at club level or higher and have done so for at least 12 months. They must also be currently registered with their sport's peak body.
3. For individual sports, students must be currently training and competing in that sport and have done so for at least 12 months. Where necessary, individual athletes must also meet their event qualifying times/distances as stipulated by UniSport Australia. They must also be currently registered with their sport's peak body.

### **Expectations**

All students are expected to adhere to the following:

1. Be a Team UniSA member - free for students
2. Have signed and submitted the UniSport Australia Participation Agreement
3. Agree to abide by the UniSA Sport 2025 UniSport Nationals Code of Conduct
4. Agree to follow all directions as set out by UniSA Sport's University Team Management
5. Have paid in full all required fees prior to departure
6. Be available and willing to participate in all selection trials and training sessions in preparation for the UniSport Nationals

### **Selection Criteria**

#### ***Individual***

Any UniSA student wishing to represent the university in individual sports will be required to complete the online Expression of Interest Form or contact UniSA Sport or the relevant Team Manager/Coach prior to final selections.

#### ***Team***

Any UniSA student wishing to be selected to represent the university in a team sport can attend trials, provided they meet the above eligibility criteria and are willing to adhere to the UniSA Sport expectations and Code of Conduct. Teams do not need to contain the same team members each year.

The following areas will be used to assess the suitability of athletes for selection. All criteria are to be considered of equal weighting.

**Attitude**

Including willingness to accept instructions, ability to work with other team members and abide by the terms and conditions of the UniSport Nationals Code of Conduct.

**Behaviour**

Past behaviour during involvement in any UniSA Sport or UniSport Australia sanctioned events (both on and off the field) will be considered.

**Fitness and Athletic Ability**

Physical capacities including speed, aerobic fitness, strength and agility.

**Technical Competence**

Core skills relevant to each sport for example: skill level, technical implementation, efficiency and form.

**Tactical Nous – tactical ability**

Includes reading the play, involvement in the game, on field decision making.

**Potential to Improve**

Present performance level relative to past performances.

**Competitive Ability**

Mental toughness, concentration, strength, temperament, determination, commitment, performance in adverse conditions, coping with pressure/setbacks/criticism and persistence.

**Individual Application to Training and Competition**

Attendance, availability, ability to rehabilitate from injury.

**Exceptional Circumstances**

The selection panel will use their discretion when considering any exceptional circumstances that may have affected an athlete's performance during selection trials.

**Selection Panel**

Athlete selection will be made by the individual sport Coach and Team Manager in liaison with the UniSA Sport Manager. Where necessary, UniSA Sport will enlist the involvement of an experienced, impartial selector to assist the Team Manager/Coach to select the team.