

UniSA Sport gyms clothing dress code

THE DRESS CODE IS AS FOLLOWS:

- Athletic clothing to be worn at all times (No Denim)
- Athletic non-marking shoes to be worn at all times
- Towel must be brought to every gym visit. Towels can be purchased from reception (for \$8.00) if/when forgotten.

Additionally:

- Make sure you familiarise yourself with the gym equipment before use. Ask a UniSA Sport gym instructor if you are unsure on how to use a piece of equipment or require assistance.
- Carry a towel and wipe ALL equipment straight after use. Use the disinfectant wipes provided.
- Return weights and gym equipment to correct storage area.
- Use weights with care – avoid dropping deliberately.
- Let UniSA Sport staff know if there is a fault with any equipment.
- Alert UniSA Sport staff if you were involved in an incident/accident.