

UniSA Sport gyms clothing dress code

THE DRESS CODE IS AS FOLLOWS:

- Athletic clothing to be worn at all times (No Denim)
- Athletic non-marking shoes to be worn at all times
- Towel must be brought to every gym visit. Towels can be purchased from reception (for \$12.00) if/when forgotten.

Additional:

- Make sure you familiarise yourself with the equipment before using it. Ask a gym instructor if you are unsure or require assistance.
- Carry a towel and wipe ALL equipment straight after use. Use the disinfectant wipes provided.
- Return weights and gym equipment to correct area
- Use weights with care – avoid dropping deliberately
- Let gym instructor staff know when there is a fault with any equipment. Also alert them if there are any incidents or accidents